

VCCL Results - AV Cross Country 2023

Race 9

Saturday, 17 June, 2023

12km

Cruden Farm

Place	Name	#	Time	Spot	H'cap	N/Time	Margin	km	Rate
1	Tobias Lawrence	173	43:30	9	3:25	40:05	0:00	3:38	
2	Gerry Stamoulis	221	43:28	8	3:00	40:28	0:23	3:37	
3	Daniel Lawlor	1	42:39	4	1:30	41:09	1:04	3:33	
4	Will Meggitt	257	43:36	5	1:55	41:41	1:36	3:38	
5	Matt Grant	231	44:57	6	2:15	42:42	2:37	3:45	
6	Corina Kapusta	265	52:40	27	9:55	42:45	2:40	4:23	
7	Oscar Robinson	246	45:10	4	1:30	43:40	3:35	3:46	
8	Alex Rowe	532	45:38	2	0:45	44:53	4:48	3:48	
9	Irene James	60	1:13:33	66	24:15	49:18	8:13	6:08	
10	Janine McKerron	140	1:23:08	75	28:10	54:58	14:53	6:56	